

June 12, 2020



The following is a message from our local Public Health Officer:

COVID-19 is a serious health threat. We have been fortunate to have had low incidence of illness in El Dorado County to date but we need your help to keep it low.

**Please keep COVID-19 out of our county!** You can help us keep El Dorado County businesses open by demonstrating your commitment to safety. The spread of COVID-19 in our county – the dreaded “Second Wave” – could place both people and businesses in jeopardy. If hospitals are burdened with caring for high numbers of patients, we may need to reinstitute restrictions. Nobody wants that to happen, but it is the county’s duty to protect the health of our residents and visitors. Our businesses may not survive another extended period of shut-down because of the financial harm it would cause.

The stay-at-home order worked well to slow the rate of COVID-19 spread. Engaging in activities that are allowed to resume as the order is relaxed raises your risk for contracting COVID-19 if you have more interaction with people from outside your household. When the State’s restrictions on gathering outside your household members is relaxed, you can create a relatively safe “travel group” of people outside your household if you are all extremely careful about avoiding risks of exposure to COVID-19 during the 14 days prior to your trip (especially during the most recent week).

The surest way for you to protect yourself from COVID-19 is to stay at home and avoid close contact with other people. Moving about and interacting with people always comes with at least some risk. Fortunately, since the pandemic began, we’ve learned a lot about how to protect ourselves. **Here is how you can reduce your COVID-19 risk and help this business remain open for your future visit!**

- Stay home when you are sick!
- Avoid gathering in groups of people outside your household members.
- Wear face coverings when you cannot be at least 6 feet from people who are not your household members. Yes, they do help!
- Travel outside your home area infrequently and as safely as possible. Patronize businesses that are committed to protecting you.
- Stay home if someone close to you has COVID-19. It is critical to maintain your quarantine for a full 14 days after your last contact with that person during the illness.
- Be honest if you are asked screening questions by a business about whether you have symptoms or have recently been exposed to someone with COVID-19.

A handwritten signature in blue ink, appearing to read "Nancy Williams", is positioned above the printed name.

Nancy Williams, MD, MPH